# Horsley Zone Primary Schools Sports Association

## Football/Soccer

#### **MODIFIED RULES**

#### **TEAMS**

- a. Year 5/6: Students in either Year 5 or Year 6 in the year of competition.
- b. Year 3/4: Students in either Year 3 or Year 4 in the year of competition.
- c. Girls: Female students in Year 3, 4, 5 or 6 in the year of the competition.
- d. Girls may play in Year 3/4 or Year 5/6 boys' competitions if their school does not field a Girls' team or if a girl is willing, and has the necessary skills/ability to be able to do so. Written permission is required from both parents/guardians and the school principal. A copy of this permission note must be sent to the convener for his/her file.
- e. A junior player is allowed to play in a senior team under the following conditions....
  - 1. the senior team is short of players
  - 2. the junior player is physically capable of playing in the senior team
  - 3. the opposition coach is notified of the junior playing up.
  - 4. the junior player has not played in a game beforehand

#### NOTE:

- \* If there are no senior reserves and a senior player is injured, then a junior player may substitute for that player so long as conditions 1,2 & 3 are met.
- \* No senior shall be subbed or replaced by a junior thus depriving the senior of their normal game time.
- \* Under NO circumstances shall a SENIOR student take part in any JUNIOR game.

### **Motion Passed- HZ Meeting 7.2.19**

#### **NUMBERS OF PLAYERS**

- a. A match shall be played by two teams, each consisting of not more than fourteen players, one of whom shall be the goalkeeper.
- b. Up to eleven players from each team will be on the field at any one time, one of whom shall be the goalkeeper.

#### **SUBSTITUTES**

- a. Unlimited interchange is allowed in any game. Players may leave the field, be replaced, and be permitted to return.
- b. When a goalkeeper or any other player is to be replaced by a substitute:
  - the referee shall be informed of the proposed substitution before it is made.
  - the substitute shall not enter the field of play until the player he is replacing has left.
  - the substitute shall enter the field during a stoppage in the game and at the halfway line.

#### **DURATION OF GAMES**

- a. Year 5/6: 15 minutes each way Year 3/4: 15 minutes each way
  - Girls: 15 minutes each way
- b. Games may be played in any mutually agreeable order.
- c. A break of two minutes is to be taken for half time.
- d. If the duration of the game is shortened, both halves must be shortened so the halves are of equal time.
- e. In the event that a school arrives by the mid-point of the session both games must be shortened so that at least 20 minutes are played, therefore constituting an official game. A decision can be made by the teachers involved whether this game is to be played as two halves, with a short break at half time, or as a 20 minute straight game.

#### **Motion Passed HZ Meeting 7.2.19**

#### THE BALL

a. Regulation Size 4 ball must be used.

#### **FOOTWEAR**

- a. Players can wear moulded boots, screw in plastic stud boots or sneakers/running shoes. No aluminium studs or damaged studs are permitted.
- b. The referee of the first half must check the boots of players, including reserves, before the start of each game to ensure that they are not dangerous.
- c. Shin pads must be worn by all players including goal keepers.

#### **STRIP**

- a. All players, except the goal keeper, must wear the exact same strip.
- b. The goal keeper must wear a strip that is distinctive and which cannot be confused with the strip of the other team.
- c. All players on sidelines must keep their strips covered so that they will not confuse the referee.
- d. No child is allowed to wear spectacles while playing unless parental consent has been given, and written evidence is available at the ground.

#### **CORNER KICKS**

- a. Corner kicks for Year 5/6 will be taken from the corner of the field.
- b. Corner kicks for Girls and Year 3/4 will be taken eight metres from the edge of the penalty area towards the sideline.

#### **GOAL KICKS**

- a. Year 5/6 will take goal kicks from the six yard box.
- b. Girls and Year 3/4 will take goal kicks twelve 12 metres from the goal line, level with the penalty spot.

#### THE START OF PLAY

- a. At the beginning of the game, choice of ends and the kick-off shall be decided by the toss of a coin. The team winning the toss shall have the option of choice of ends or the kick-off.
- b. The game shall be started by a player taking a place-kick into his opponents' half, i.e. the ball must travel the distance of its circumference. The kicker shall not touch the ball a second time until it has been touched or played by another player. Every player shall be on his own side of halfway. Every player of opposing team shall remain at least 10 metres from the ball until it has been kicked.
  - If the player taking the kick off touches the ball again before being touched or played at by another player, he will incur an indirect free kick from the place where the infringement took place.
  - A goal shall not be scored direct from a kick off unless the ball has been touched by a second player.
- c. After a goal has been scored, the game shall be restarted in like manner by a player of the team which has had the goal scored against it.
- d. After half time, ends shall be changed and the kick off shall be taken by a player of the opposite team to that which started the game.
- e. After any temporary suspension, provided that immediately prior to the suspension the ball has not passed over the touch or goal-lines, the referee shall drop the ball at the place where it was when play was suspended and it shall be deemed in play when it has touched the ground. If, however, the ball goes out of the field of play before any player has touched it, the referee shall drop the ball again. A player shall not play the ball until it has touched the ground.

#### **BALL IN AND OUT OF PLAY**

- a. The ball is out of play:
  - when it has wholly crossed the goal-line or touch-line, whether on the ground or in the air.
  - when the play has been stopped by the referee.
- b. The ball is in play at all other times from the start of the match to the finish including:
  - if it rebounds from a goal post or crossbar into the field of play.
  - if it rebounds off the referee when in the field of play.

#### METHOD OF SCORING

- a. A goal is scored when the whole of the ball has passed over the goal-line, between the goal posts and under the crossbar, provided it has not been thrown, carried or intentionally propelled by hand or arm, by a player of the attacking side, except in the case of a goalkeeper, who is within his own penalty area.
- b. When the margin of the score is 8 (eg. 11-3) points then:
  - a. the winning side is awarded 2 competition points
  - b. the match score is frozen
  - c. the match continues for the duration as per the remaining time available from when the score is frozen.

    HZ motion accepted 9.02/2023

#### **OFF-SIDE**

- a. A player is off-side if he is nearer his opponents' goal-line than the ball at the moment the ball is played unless:
  - he is in his own half of the field of play, or
  - there are two of his opponents nearer to their own goal line than he is, or
  - the ball last touched an opponent or was last played by him, or
  - he receives the ball direct from a goal kick, a corner kick, a throw in, or when it is dropped by the referee.
- b. For an infringement of this law an indirect free kick shall be taken by a player from the opposing team from where the infringement occurred.
- c. Off-side shall not be judged at the moment when the player receives the ball but at the time it has been kicked or passed to a player by a player from the same team.

#### **THROW IN**

- a. When the whole of the ball passes over a side line, either in the air or along the ground, it shall be thrown in from the point where it crossed the line in any direction by a player of the team opposite to that of the player who last touched the ball.
- b. The person throwing the ball in must:
  - have part of both feet on the ground, either on or behind the line.
  - be facing the field of play.
  - use both hands and deliver the ball from directly behind and over his head.
  - not touch the ball until it has been touched or been played at by another player. If the thrower touches the ball before it has been touched or played by another player, a free kick shall be awarded to the opposing team.
- c. The ball shall be in play once it enters the field of play.
- d. A goal may not be scored directly from a throw in.
- e. If the ball is improperly thrown in the opposing team shall take the throw in from the same position.

#### **GOAL KICK**

- a. When the whole of the ball passes over the goal line, excluding the portion between the goal posts, either in the air or the ground, having last been played by one of the attacking team, it shall be kicked direct into play beyond the penalty area by a player from the defending team.
- b. The kicker shall not play the ball a second time until it has been touched or played at by a second player.
- c. If the ball does not leave the penalty area the goal kick must be retaken. A goal cannot be scored from a goal kick. All attacking players must remain outside of the penalty area and the semi-circle until the kick has been taken.

#### **CORNER KICK**

- a. When the whole of the ball passes over the goal line excluding the portion between the goal posts, either in the air or on the ground, having last been played by one of the defending team, a member of the attacking team shall take a corner kick.
- b. A goal may be scored direct from a corner kick.
- c. Defending team players may not be within 11 metres of the person who are taking the kick until the ball has travelled the distance of its circumference.
- d. The kicker shall not touch the ball again until it has been touched or played at by another player.

#### **FREE KICKS**

- a. Opposing players must be at least 9.15 metres (10 yards) from the ball whilst the kick is being taken.
- b. Direct Free Kicks, from which a goal can be scored direct against the offending side, are given when a player intentionally:
  - kicks, or attempts to kick, an opponent.
  - trips an opponent.
  - jumps at an opponent.
  - charges an opponent in a violent or dangerous manner, or from behind.
  - strikes or attempts to strike an opponent.
  - holds an opponent.
  - pushes an opponent.
  - handles the ball **deliberately**, i.e. carries, strikes or propels the ball with the hand or arm. **Accidental** contact by the hand or arm with the ball is **NOT** a free kick.
- \* Shall a player of the defending side intentionally commit one the above nine offences within the penalty area, he/she shall be penalised by a penalty kick.
- c. Indirect Free Kicks, from which a goal cannot be scored unless the ball has been played or touched by a player other than the kicker before passing through the goal, are given when a player:
  - plays in a manner considered dangerous, e.g. attempting to kick the ball whilst in the keeper's hands.
  - interferes with play when offside.
  - obstructs an opponent.
  - as goalkeeper, employs time-wasting tactics.
  - shows by word or action, dissent from any decision given by the referee.
  - as goalkeeper, the player picks up the ball after the ball has been kicked intentionally to him/her by a member of the same team. (The keeper may pick the ball up if it is headed or unintentionally kicked by a member of the same team.)

#### PENALTY KICK

- a. A penalty kick shall be taken 12 metres from the mid-point of the goal line.
- b. All players must be 10 metres from the ball when it is taken.
- c. All players except for the keeper and kicker must stay outside the penalty box. The goal keeper must stand on the mid-point of the goal line without moving his feet until the ball is kicked.
- d. The player kicking the ball must play the ball forward. He shall not play the ball a second time until it has been touched or played at by another player.
- e. The ball shall be in play directly it is kicked and a goal may be scored direct from such a penalty kick.
- f. If the ball touches the goal keeper before passing between the posts it does not nullify the goal. If a penalty kick is to be taken at or after the expiration of half or full time, time is to be extended to allow the penalty to be taken.
- g. If a child taking a penalty kick from the penalty spot and the ball hits the post, another player MUST touch the ball before the player taking the kick may re-touch the ball.